

Sunday, September 29<sup>th</sup>, 2024 - 10:00 AM

# Welcome to Our Service!

"It was God's plan for me to come here.  
I am here to save people's lives." -Genesis 45:5



NATIONAL  
**HISPANIC  
HERITAGE**  
MONTH

The Rev. Caleb McGregor, *Pastor*



WIFI password:  
**peumc411**  
(PEUMC.Guest)

Bob Berg, *Lay Leader*  
Ellen Mazurek, *Accompanist*  
Colby Grunden, *Media Technician*  
Leo Thomasgard, *Liturgist*  
Sue Thomasgard, *Greeter*  
Skip Mazurek, *Usher*  
Diane Sweat, *Pew Ambassador*

## THOUGHTS FOR THE DAY:

“Empathy is a necessary step for truth & reconciliation.” -Simon Baron-Cohen  
“Reconciliation heals the soul. Forgive & love, it’s necessary for your growth.”  
-Mama Zara (Zainab Ansell, a Tanzanian humanitarian)  
“God . . . has given us the ministry of reconciliation.”  
-2 Corinthians 5:18

**[Please silence your mobile devices. Thank you!]**

L – Liturgist / M – Minister / **P – People** / † - words are on the TVs / \* – stand in body or spirit  
UMH – The United Methodist Hymnal      TFWS – The Faith We Sing

(1) *The Body of Christ gathers to worship God!*

WORDS OF WELCOME  
CENTERING MUSIC  
FOUNDATIONAL STATEMENTS



†\*HYMN OF PRAISE:      *Cantemos al Señor*      UMH 149

(2) *We listen to what God is saying to us!*

OPENING PRAYER (ADORATION & ILLUMINATION)

SCRIPTURE      *Genesis 44 & 45 / \*Luke 6:35*      (“I Will Sing”)

SERMON      *Breaking the Cycle . . . Yet Again*

*THE PRESENCE OF GOD IN ALL, LEADS TO RECONCILIATION*

Series: **The Beloved Community in Polarizing Times**, Part III of VI

(3) *We respond to what God is saying to us!*

†\*HYMN OF RESPONSE: *Somos Uno en Cristo (2x)* TFWS 2229

SHARING OF CONCERNS, with Prayers of the People

(4) *We prepare to leave and be doers of God’s Word!*

ANNOUNCEMENTS

SHARING OF JOYS & GOD-SIGHTINGS

\*THANKSGIVING CHORUS      (“You Are Worthy”)

\*PRAYER OF THANKSGIVING, ends with †The Lord’s Prayer

\*CALL TO DISCIPLESHIP

†\*HYMN OF MISSION:      *Canto de Esperanza*      TFWS 2186

\*A BLESSING AND GOING FORTH

(You are invited to place any offerings in the **Offering Box** as you leave the sanctuary; you may also give online at [peumc.org/donate](http://peumc.org/donate) or use the **QR Code** in this bulletin.)

## Prayer List:

**Pray for these members throughout September:**

Mark L.; Rachel & Chuck L.; Leona S.; Judy & Larry M.; John & Diane S.

**Our Shut-Ins:** Mabel J.; Jim H.; Mary & Ed H.; Chris L.; Lynn R.; Barbara T.

**Our College Students:** Michaela W.; Brandon & Nathan S.;

Danial & Marissa H.; Carson P.; Melanie & Lilyann S.

**Passings:** **Gaylord J.**; Jody P.'s mother, **Sandra**; Chuck L.'s father, **Jerry**.

**From 9/1:** Prayers for the **Ginnie Oliver Family**.

**From 9/8:** Prayers for the family of Mike H.'s aunt, **JoAnn H.**, who passed away this week; Prayers for Skip on the passing of his older sister, **Karen**; Judy M.'s brother, **Peter**, has blood cancer—getting stem cells from brother, **Jack**, this week; for Rebecca & Jeff N.'s daughter, **Emily**; Amy P.'s sister, **Jan**, needs prayers for her last days; prayers for **Harvey M.** (former member, now living in Maine), 95% blockage—getting a stint on the 13<sup>th</sup>.

**From 9/15:** Prayers for **Gay J.** who is in hospice; Chuck L.'s father, **Jerry**, passed away on Monday; prayers for **Chuck**, **Rachel**, and **Michaela**; prayers for our (Taylors) grandson, **Bret**, who is experiencing unexplained severe pain in his legs; **Gaylord J.** passed away early this morning at home; prayers for **Mable** and **Bonnie** and all of Gay's family.

**From 9/22:** *service at Nekoosa United Church of Christ*

## Daily Scripture Readings (based on Sunday's Scripture)

**Monday** (9/30): Exodus Ch. 1-2

**Tuesday** (10/1): Exodus Ch. 3

**Wednesday** (10/2): Exodus Ch. 4-5

**Thursday** (10/3): Exodus Ch. 6-7

**Friday** (10/4): Exodus 8-9

**Saturday** (10/5): Exodus 10-11

**Sunday** (10/6): Exodus 12

## **Sermon Notes & Prayers from Today:**

### **September & October Bimonthly Mission Project:**

Collect **Money** for:



United Methodist-based non-profit in Wausau, serving refugees for the long-term.

Write **100 letters or cards** for Veterans going on the Never Forgotten Honor Flight by Veterans' Day. (Place in bag in the church lobby)



# A Call to Discipleship:

(refer to this list throughout the week to keep you accountable!)

- Prayer theme:** for those who are not speaking with their siblings, for divisions in our nation, for the peacemakers in our lives.
- Consider:** how God has redeemed a bad situation into a blessed one?
- Action:** help someone repair their relationship with their sibling.
- I will invite these person(s) to church: \_\_\_\_\_
- I will visit/call these person(s) this week: \_\_\_\_\_
- Donate \$\_\_\_\_\_ to a mission/charity/cause this week.
- Set aside \$\_\_\_\_\_ for my church offering next week.
- Volunteer: Neighborhood Meals; food pantry; Meals on Wheels
- Sign up as a greeter / usher / liturgist for a future service.
- Pray over the prayer list.
- Read a daily devotional, like the *Upper Room* (take a copy; it's free!)

## Sundays Services – 10a

### TODAY – September 29<sup>th</sup>

(Scripture: Joseph and his brothers)

### October 13<sup>th</sup>

Second Sunday Refreshments  
(Scripture: The People Ask for a King)

### October 6<sup>th</sup>

#### *World Communion Sunday*

(Scripture: The Passover in Egypt)

### October 20<sup>th</sup>

*United Women in Faith Sunday*  
(Scripture: David's Son & Solomon is King)

## Events & Meetings

### Sunday, September 29<sup>th</sup>

September Council Meeting – 11:15a

### Thursday, October 3<sup>rd</sup>

Port Edwards Homecoming Parade  
We still need a few walkers!

### Monday, September 30<sup>th</sup>

The SUNSHINE READING CIRCLE”  
El Café at 11:00a  
“30 Days with Earl Stanley Jones.”

### Saturday, October 5<sup>th</sup>

**MEN'S BREAKFAST** 8:00a – El Café

### Tuesday, Oct. 1<sup>st</sup>

 **MemoryShare** 10:30a – El Café

Outdoor showing of the movie:  
6:30p – 8:12p – parking lot



**First Tuesday**

Service 6:00-7:00P  
Fellowship Hall

### Saturday, November 2<sup>nd</sup>

**HOLIDAY BAZAAR**

# *Is There a Difference Between Forgiving and "Moving On"?*

by Dr. Robert Enright, Ph.D. – September 17<sup>th</sup>, 2018  
(*Educational Psychology – University of Wisconsin–Madison*)

It appears to be a common error in this modern era to equate the two ideas of forgiving a person for an unjust action and just letting it go and moving beyond the situation. The two are not the same.

When a person "moves on," then that person is going beyond *the situation*, trying to not let what happened influence emotions, thoughts, or behaviors now. When a person forgives, then that person actually is focusing on *the other(s) who have been unfair*. To forgive is to offer a moral virtue of mercy to someone who treated the forgiver poorly. Paradoxically, rather than moving *away* from the situation, the forgiver moves *toward* the injurer through kindness, respect, generosity, or even love in the hope that the other changes. A forgiver does not necessarily reconcile if the offending other's behavior does not change and remains hurtful, but one goal of forgiving is to offer that other person a chance to make such changes.

One can "move on" with a cold indifference for the other person. The motivation in "moving on" is to look forward, to get on with one's own life, whether or not that includes the offending person. So, forgiving and "moving on" are quite different in this: When you forgive, the focus is on the other; when you "move on," the focus is on the self. It is not necessarily a selfish act to "move on." Yet, this act, by itself, is not likely to cleanse the person from a persistent resentment that can last for a very long time. It is in the reaching out to the other in forgiveness, even if reconciliation does not occur, that there is emotional healing for the one who extends the forgiveness (*Enright & Fitzgibbons, 2015*).

Forgiving and "moving on" are related in this way: Once a person forgives by offering goodness to those who have not been good to the forgiver, this aids the forgiver in now being

able to move beyond the situation without rancor, without the disquieting resentment that can be hard to diminish. As people forgive, they now can remember in new ways. When they think about the unjust treatment, they do not burn with anger or if they do, it is more easily reduced. When they think about the situation, they might feel some sadness rather than rage, some disappointment rather than hatred.

Forgiveness, in other words, actually helps a person "move on." On the other hand, if all a person is doing is "moving on," this will not necessarily aid forgiveness because the injured person has put out of mind what happened, which can include no longer thinking about the other, which renders the motivation to forgive – to reach out to the other – unlikely.

For people to recover from severe unjust treatment, they often need stronger medicine than "moving on." Communities need to see this and to make an important distinction between these two if people are to recover deeply and well from others' mistreatment. Forgiveness is a large part of the hope that underlies recovery in the context of unfair treatment from others.

## Free Homecoming Weekend Outdoor Movie Night



**Saturday, October 5<sup>th</sup> – 6:30p – 8:12p**

PEUMC parking lot.  
Popcorn and water provided.  
Bring a lawn chair and/or blanket.